

# BOOSTING YOUR KNOWLEDGE

#### **Diabetes UK Professional Conference**

Our must-attend event for healthcare professionals, offering a multidisciplinary programme bringing together the best and most up-to-date knowledge and insight in diabetes care and research.

Find out more at diabetes.org.uk/professional-conference

#### **Diabetes UK CPD**

Our free online courses for non-specialist healthcare professionals will help you develop the confidence, skills and knowledge you need to best support people living with all types of diabetes, as well as those at risk of type 2. Evidence-based, peer-reviewed.

Sign up by visiting cpd.diabetes.org.uk

#### **User involvement**

Do you need help or support in involving people affected by diabetes in their care or in improving and designing diabetes services? Visit our involvement pages for useful tips, advice, and guidelines.

diabetes.org.uk/patient-and-public-involvement

# LEADERSHIP PROGRAMMES

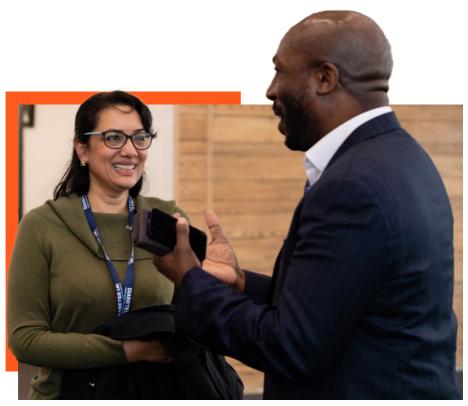
### **Discovering Leadership**

For those beginning their leadership journey, this programme helps you to discover how to develop as a leader and gain insight into your potential to lead change.

### **Clinical Champions**

A two-year leadership development programme for developing leaders that will provide you with the personal and professional development required to drive change across your local health system.

Find out more at diabetes.org.uk/leadership-programmes





When you sign up for professional membership, you'll be kept up-to-date with the latest developments in diabetes care and research. You'll get discounted admission to the annual Diabetes UK Professional Conference, and discounted subscription to our monthly clinical journal, Diabetic Medicine.

Plus, you can take advantage of **free subscriptions** to:

- Our quarterly magazines for healthcare professionals
   Update, and people with diabetes Balance.
- Our monthly professional e-newsletter.



# Join our network of professional members, just like you, for only £38 a year

diabetes.org.uk/hcp-prof-member



# IMPROVING DIABETES CARE

# **Shared practice library**

Find the latest resources and tools for improving diabetes care, including examples of good practice.

diabetes.org.uk/shared-practice



### **National Diabetes Audit (NDA)**

Want to know how your diabetes service compares to others? We can help you use the NDA data to improve your services. The newly developed dashboards allow you to learn more about diabetes care nationally and locally.

Visit diabetes.org.uk/nda

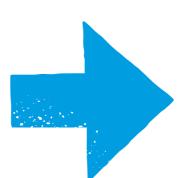
#### Remission

Use our resources and tools to improve your understanding of type 2 diabetes remission and how to support your patients.

Learn more at

diabetes.org.uk/shared-practice/remission







#### Research

Find out more about research highlights, the research we support and how you can play a role in guiding diabetes research.



# **Engaging Communities**

Our Community Champions Programme helps to raise awareness and improve diabetes self-management among ethnically diverse communities. We can offer support to initiate the programme, as well as training.

Learn more at diabetes.org.uk/hcp/champions

Improving Inpatient Care Programme

Our Improving Inpatient Care programme provides the latest guidance and information on inpatient diabetes care and helps improve care for people living with diabetes in hospital.

Find out more at diabetes.org.uk/improving-care-programme



# CONSULTATION TOOLS

## **Information prescriptions**

A tool for healthcare professionals and people with diabetes to use together to understand and improve on their health targets.

diabetes.org.uk/info-p-qa

# **Emotional health**

A range of resources and tools to help you improve psychological care for people with diabetes.

diabetes.org.uk/hcp/psychological

## Delivering remote diabetes consultations

A range of tools and resources to support you to deliver remote consultations for people living with diabetes.

diabetes.org.uk/remote-consultations



# TACKLING INEQUALITIES

Based on factors outside of their control, some people living with diabetes experience systematic, unfair and avoidable differences in their diabetes care and the opportunities they have to lead healthy lives.

At Diabetes UK, we're committed to understanding and tackling the factors that drive this inequality, which are often complex and interrelated.

#### **Tackling Inequality Commission**

We are leading a commission on how we can take positive action to narrow the gap for those experiencing health inequality.

Black African, Black Caribbean, South Asian people and those living in areas of deprivation experience the greatest inequality in their risk of developing diabetes, access to care and treatment and outcomes.

Get involved, keep up-to-date and see the final report at **diabetes.org.uk/inequality** 





#### **Guides**

We offer a range of in-depth guides packed with advice and tips for living with diabetes.

All our guides can be downloaded or ordered online at **shop.diabetes.org.uk** 



- Your guide to type 1 diabetes
- A parent and carer's guide to type 1 diabetes
- Your guide to type 2 diabetes
- Your guide to gestational diabetes
- Eating well with diabetes\*

- Diabetes and looking after your feet\*
- Type 1 diabetes school resources
- Type 1 bag
- And many more.





Easy to understand advice, information and support for people living with or at risk of diabetes.

#### **Know Your Risk**

An online tool to find out your risk of type 2 diabetes, with information on risk factors and how to reduce your risk.

diabetes.org.uk/risk

#### **Learning Zone**

An online education hub, providing tailored advice to help patients manage their diabetes confidently. You can sign up for free as a healthcare professional before referring your patients.

learningzone.diabetes.org.uk

#### Support forum

An online community to exchange knowledge and experiences with other people with diabetes, as well as family and carers.

forum.diabetes.org.uk

#### **Footcare**

We have a range of information available on our website to help people with diabetes to look after their feet.

diabetes.org.uk/feet-professionals

# ONGOING SUPPORT FOR PEOPLE WITH DIABETES

#### Type 1 events

For children, young people and their families to share experiences and learn from each other. Volunteer at our type 1 events to see how your advice has a life-long impact on children with type 1 and their families.

Find out more and get involved at diabetes.org.uk/type-1-events

#### Our members

Members get a regular magazine, an e-newsletter and much more, all designed to help them live well with diabetes.

#### diabetes.org.uk/membership





### Local support groups

Our local groups offer people a chance to swap experiences and find out more about diabetes.

Find your local support group at diabetes.org.uk/groups



## Helpline

Our dedicated helpline is available to all people with or at risk of diabetes, along with their friends, family and carers.

diabetes.org.uk/helpline

Call **0345 123 2399**\*

Monday to Friday, 9am to 6pm

\*Calls may be recorded for quality and training purposes.

For further information please email healthcare@diabetes.org.uk or visit diabetes.org.uk/professionals

